



# English country dancing

It's social dancing that brings a whole group together. You get a little exercise and think a little bit, too. With beautiful live acoustic music and friendly people, it's great fun, and scientifically proven to reduce stress. First-timers of all ages are always welcomed.

## AACTMAD Tuesday English Country Dance

**Every Tuesday 7 – 9:30 p.m.** Adults: \$7, students: \$4, supervised children under 14 with parent: free. Chapel Hill Condominium Clubhouse, 3350 Green Road, Ann Arbor MI 48105 **To get there:** Exit US 23 at Plymouth Rd., go west on Plymouth to Green Rd (next light); go north on Green past the US Post Office to Burbank Dr.

Turn right onto Burbank and park on the right side of the street (marked "clubhouse parking only"). The clubhouse is at the end of the second driveway on the left, counting from Green Rd. **Do not park** in the clubhouse driveway **OR** in the resident parking cutouts on Bolgos Circle or Burbank, and please respect any parking requests from Chapel Hill residents. **More info:** [www.aactmad.org/sa/tuesdayecd](http://www.aactmad.org/sa/tuesdayecd); 734-665-7704 or [shirleyharden@sbcglobal.net](mailto:shirleyharden@sbcglobal.net)

Tuesday English Country Dance is sponsored by the Ann Arbor Council for Traditional Music and Dance (AACTMAD), a 501 (C) (3) nonprofit organization. Everyone is welcome to participate in its activities. [www.aactmad.org](http://www.aactmad.org)



### New to English dancing?

**You don't need to know how to dance!**

- Come ready to start at 7 pm to get the basics
- All dances taught and prompted
- Live music, informal atmosphere
- Come by yourself, bring your kids, or bring a friend
- Wear comfortable clothes and bring flat, clean, flexible-soled shoes to change into. Soles with a little grip (like running shoes) are best.